

Questions for Reflection
Talk 5, Series 10

In your time for reflection this week I am thinking that it would be wonderful for you to review your personal vow in order to update and refine it (and perhaps decide to do this every New Year's season); and if you haven't made one already, take this opportunity to do so--first, to make your personal spiritual vow, e.g., naming what is your most important point and how you would like to organize your life around it and second, your personal vow of repentance, guarding you from harm, from the conscious or unconscious mistakes that all of us inevitably make. Consider the exercise of either making or editing these vows its own fulfillment. Doing so will greatly enhance the self-understanding with which you proceed toward learning teachings that you may hold close to your heart perhaps for the rest of your life.