

*Questions for Reflection*

*Talk 5 Series 14*

Here is an idea for your reflection during the week:

*Roshi says: Even though we try to do it, we cannot make it [laughs], but this is our human nature. We always try to do something. We have always some difficulty to do something. But this point is very important for us. That is why we have pleasure of human being, because it is difficult, and we are always making some effort. Some--that effort result our human pleasure of life--our pleasure of human life. This pleasure is limited to human being and this is called our true nature.*

This is a key concept for Suzuki Roshi. Please think about what he is saying regarding the value of our effort and connect this to something specific in your own life. For example, have you ever had the experience of trying very hard to do something and then something happens to hinder the result that you were expecting. How did you process this? Did you feel defeated and regret having done it in the first place? Or did the doing of it somehow enhance your life anyway even though it wasn't in the way you intended? Do you agree with Roshi that effort is our pleasure of human life? Can you see how this kind of effort is called our "true nature?"